

**DISCOVER
CAPRERA**

**TRAIL
N. 15**

**MINI HIKE GUIDE
TO
CALA
CAPRARESE**

**La Maddalena Archipelago
National Park**



DESCRIPTION

LET YOURSELF BE INSPIRED BY NATURE

Once parked the car at the foothill of Arbuticci Fortress, you will reach the beginning of the trail by walking downhill using the firefighting route to Cala Garibaldi.

This easy trail starts by taking the first right at the crossroad to Cala Caprese accessible by crossing Pian delle Spugne, going through the now thin pinewoods, severely depleted by a fire at the end of 80s. The National Park is presently carrying out a reforestation program by planting local species trees.

The trail narrows down by a massive granitic rock of sinuous shape, sloping gently to the sea at the end of the plateau, where among flat rocks, enchanting meadows get covered in the spring time by a blanket of crocus/perennials flowering plants, romulee/Iris plants, daisies, gentianaceae/flowering plants and orchids and then in the summer the strong and fresh fragrance of the puleggio (Mentha pulegium) takes over. You will reach the deep cove, with very shallow water, stepping onto the rocks to avoid crossing through a thick bed of soft rush.

If you rather not backtrack your way back to the starting point, you can complete the loop trail, following the signs to Cala Napoletana and then on the right to "Arbuticci Fortress".

TECHNICAL FEATURES

 hr 1.30

 100 m

 4 km

 Easy

 Panoramic

 Trail marked by directional arrows and cairns

NEARBY

you can lengthen the hike to enjoy the beautiful and scenic alternate route that links cala Caprese to cala Napoletana, sighting the East coast of la Maddalena, the eastern islands of the archipelago and Southern Corsica.

MUST-SEE

a visit to the Memorial Giuseppe Garibaldi and/or Messa del Cervo Battery (see trail n.14 "Cala Napoletana").